a with preceding

AN ASTRONOMICAL DIARY; OR,

ALMANACK

For the Year of Chriſtian Æra,

1771.

BRITISH MUSEUM

being the third Year after BISSEXTILE or LEAP YEAR; and in the XIth of the Reign of King GEORGE IIId.

CONTAINING,

Eclipſes; Lunations; Sun and Moon's riſing and ſetting; Moon's Place; the riſing, ſetting, and ſouthing of ſome of the principal fixed Stars; Courts in the four New-England Governments; Feaſts and Faſts of the Church; Spring-Tides; Judgment of the Weather; Time of High Water; Roads, with the beſt Stages or Houſes to put up at; ſome neceſſary Rules with Regard to Health: And many other Things uſeful and entertaining.

Calculated for the Meridian of BOSTON, in NEW-ENGLAND, Lat. 42 Deg. 25 Min. *North.*

By Nathanael Low.

A Student in PHYSIC.

WHen the pure Soul is from the Body flown,
No more ſhall Night's alternate Reign be known;
The Sun no more ſhall rolling Light beſtow,
But from th' ALMIGHTY ſtreams of Glory flow.
O may ſome nobler Thought my Soul employ
Than empty, tranſient, ſublunary Joy!
The Stars ſhall drop, the Sun ſhall looſe his Flame,
But thou, O GOD, for ever ſhine the ſame.

BOSTON: Printed and Sold by KNEELAND and ADAMS, in Milk-Street:—Sold alſo by the Printers and Bookſellers. 1771.

My dear COUNTRYMEN,

THE laſt Time I made my public Appearance before yo
in this Character, I entertained a pleaſing Expectatio
that by the Return of this Year the unhappy Difficulties ſu
ſiſting in this Nation would have been removed,—a Redr
of Grievances obtained, and we inſtated in the full Poſſeſſio
of theſe Rights and Priviledges which as Britons we have d
rived from our Nativity; and on which the ſignal Happine
and peculiar Glory of the Common-wealth depends. But ho
often are our greateſt Expectations diſappointed, our raiſe
Hopes daſhed, and our flattering Dreams vaniſhed! O
Grievances, inſtead of being in the leaſt redreſſed, are rath
augmented, and the Cauſes of our Complaint increaſed. W
have been ſtigmatized as rebellious and ſeditious,—abuſed b
the moſt flagrant Miſrepreſentations,—ſuſtained the moſt i
tollerable Hardſhips, and endured the moſt provoking Inſults.
Treated like Criminals condemned for the moſt atrocious O
fences, the Ears of the Mighty have been deafened to the r
peated Cries, Remonſtrances and Petitions of as loyal and
bedient a People as any in his Majeſty's Dominions: Wh
our Fellow-ſubjects have been moſt cruelly Maſſacred, and o
Streets made to flow with the Blood of harmleſs Innocen
which ſtill cries for Vengeance.—Theſe are ſome of the Mi
ries which we feel,—ſome of the Cruelties which we endure.
But amidſt the numberleſs Difficulties to which we are expo
in Conſequence of arbitrary and oppreſſive Mandates, this lo
abuſed Community have exerciſed a Patience and Fortitude u
equalled and unexampled. And notwithſtanding the mat
leſs Injuries, inceſſant Provocations, and repeated Indigniti
they have received, their Enemies have the Mortification
find that all the Meaſures they have taken to obtain Redre
are juſtified by Law, Reaſon, and Equity.—The ſalutary No
importation Agreement ſo chearfully come into by our Patrio
Merchants, as it is the moſt peaceable, ſo it is a Meaſure
beſt adopted to relieve us; and will no doubt anſwer the P
poſe for which it was eſtabliſhed, if perſevered in but a lit
longer: But if not, the diſintereſted Views with which t
Promoters of it have ſacrificed private Intereſt to the pub
Good, cannot fail to gain them a laſting Eſteem.—At a ti
when public Liberty is infringed, and the Rights of the Su
ject invaded, it is the unqueſtionable Duty of every Mem
of the Community to uſe all lawful Endeavours to ſupp
them.—Let us therefore, my Countrymen, join our Mercha
in this noble Cauſe; and by every laudable Means we can,
us aid them.—Remember that our Freedom is inſeparably co
nected with our political Happineſs,—that unleſs we have t

Diſpoſal of our own Property, we cannot be free,—that if Property remains at the Will of another—if it may, as of ht, be taken from us without our Conſent, we are Slaves.—at our Property is thus taken from us by an Act of Parliat impoſing Duties on certain Articles imported from eat-Britain for the Purpoſe of raiſing a Revenue, has long e been proved.—To obtain a Redreſs of this, among other llerable Grievances we labour under, is what this Country been a long Time, and ſtill is contending for —We eſteem edom as our native Right; like free-born Sons of Liberty refore let us act :—Let us not ſell this Birth-right for a ſs of Pottage.—It was a Reſolution of a patriotic Aſſembly this Continent ten or fifteen Years ago, when they ſaw their perties invaded by oppreſſive Mandates, "That thoſe who would give up eſſential Liberty to purchaſe temporary Safety, leſerve neither Liberty nor Safety."——If public Liberty is much to be valued, as it moſt ſurely is; can we be ſo loſt to ſelves, our Poſterity, and our Country, as to proſtitute the den Pledge to the Gratification of ſenſual Appetites and ſions? Let us no longer ſuffer ourſelves to be captivated by alluring Pleaſures of unbounded Luxury.—Methinks when call to Remembrance the many Difficulties encountered, Hardſhips endured, and the Blood and Treaſure expended our Forefathers to purchaſe Liberty, we cannot part with ineſtimable Jewel at ſo cheap a Rate —Let it be our Care ultivate Harmony—to eſtabliſh a laſting Union both in Sent and Action among ourſelves.—Heartily join with, and each other in the common Cauſe.—Our Merchants have red into an Agreement not to import—let us enter into an reement not to purchaſe foreign Surperfluities —"By uning we ſtand, by dividing we fall :—But, *nulla diſcordia ubi n eſt Animus*—There is no falling out where there is the e Mind. The Cauſe we are engaged in is juſt;—the Prize are contending for, is ineſtimable.—Let us therefore act with ſolution and Fortitude: This will overcome the greateſt, otherwiſe moſt inſuperable Difficulties —With Strength Vigor let us maintain a political Warfare. Let the ugh, the Spinning-Wheel, and the Loom, with other ſuch- Utenſils, be Weapons to fight withal: Theſe, join'd to uſtry and good Management, will enable us to come off e than Conquerors; as it will render foreign Manufactures e uſeleſs to us. We have Materials among ourſelves ſufnt to fabricate the beſt of Apparel, without a ſervile Dedance on Great-Britain :—And is not a well-wrought me-ſpun Coat as great a Preſervative againſt the Cold, as a

Garment made of Tartar Lamb's Wool dyed in Grain, o
Gown of Giant's Beards?—Does not America afford as g
Aliment both in Taſte and Quality, as Europe, Aſia, or
rica?—Let us then no longer ranſack thoſe Countries
Materials to pleaſe the Palate—In a particular Manner le
abſtain from the Uſe of foreign TEA. There is no one A
cle imported ſo fatal to the Cauſe of Liberty as this; in
gard that the Duty on Tea, includes the greateſt Part of
Revenue ariſing from the Act complained of.—The Law
Self-preſervation does alſo enjoin us totally to diſcard it—
Were the LADIES of New-England truly ſenſible how m
their Health is endangered, and conſequently their CHAR
by a conſtant Uſe of this deſtructive Plant, I am perſwaded t
would need no other Motive to induce them ſpeedily to re
it—Thus let us avoid Superfluities, and not go beyond
Bounds of our own Juriſdiction for Neceſſaries; and then w
a Bleſſing on our lawful Endeavours, we ſhall work out
political Salvation—To that End, above all things elſe, le
humbly implore the Aſſiſtance, Direction, and Favour of t
incomprehenſible GOD, who delivereth and reſcueth, a
worketh Signs and Wonders in Heaven and in Earth, w
delivered *Daniel* from the Power of the Lions; and wh
Ears are always open to the Cries of the Oppreſſed who c
on Him ſincerely.

Ipſwich, October 2d 1770. N. LOW.

Vulgar NOTES this Year are,

Dominical Letter,	F	Cycle of the Sun,	
Golden Number,	5	Dionyſian Period,	1
Epact,	14	Julian Period,	64

Venus will be Occidental or Evening Star to the 9th of Ja
ary; thence Oriental or Morning Star to the 23d Day
October; thence again Occidental or Evening Star to t
End of the Year.

The Sailor's MISTAKE.

A Cannon Ball, one bloody Day,
Took a poor Sailor's Leg away;
When, on his Comrade's Back, he made off
A ſecond fairly took his Head off;
The Fellow, on this odd Emergence,
Carries him pick-back to the Surgeon,
Z---ds; cries the Doctor, are you drunk,
To bring me here an headleſs Trunk!
A lying Dog! cries *Jack*,-----he ſaid
His Leg was off, and not his Head.

"FRiendſhip, peculiar Boon of Heaven,
The noble Mind's Delight and Pride,
To Men and Angels only given,
To all the lower World deny'd.
While Love unknown among the Bleſs'd,
Parent of thouſand wild Deſires, The

☽ Moon 1 Day 4 Morn.	New Moon 15 Day 7 Aftern,
☽ Quart. 7 Day 8 Aftern.	Firſt Quart. 23 Day 8 Aftern.
	Full Moon 30 Day 2½ Aftern.

Courts, Alp. Tid. Weath, &c	☉r.	☉s.	*F. ſea.*	☽ *ſp. l. r.*	☾ *s. O. S.*	
Cir. Inf. C. *Boſton, & York.*	7 32	5	11 32	16	☾ riſe	21
● Per. High tides.	7 32	5	12 26	heart	6 43	22
Foul	7 31	5	1 20	15	7 56	23
Weather	7 31	5	2 15	belly	9 13	24
Vc ☉ ♂ of ſome	7 30	5	3 10	15	10 28	25
Epiphany. ſort. Vc. ☉ ♄	7 30	5	4 5	29	11 28	26
Inf. C. *Briſtol.* Snow	7 29	5	5 0	reins	Morn.	27
or Rain	7 29	5	5 52	27	0 32	28
about ♂ ☉ ☿	7 28	5	6 41	ſecrets	1 40	29
theſe ☿ Orientat.	7 27	5	7 30	23	2 44	30
Days, then	7 27	5	8 19	thighs	3 44	31
☿'s ſou. 7. 52. cold.	7 26	5	9 0	19	4 36	*Ja*
To give to the Rich, is as	7 25	5	9 40	knees	5 25	2
blame worthy, as to ſt. ♃ ☿	7 25	5	10 21	11	6 8	3
withold giving to the Poor	7 24	5	11 2	22	☽ ſets	4
more ● Ap	7 23	5	11 46	legs	5 43	5
Snow or ☽ ♄ ☿	7 22	5	12 30	16	6 40	6
Rain and △ ♂ ☿	7 21	5	1 15	28	7 37	7
much Wind,	7 19	5	2 0	feet	8 45	8
then a	7 18	5	2 45	22	9 42	9
Inf. C. *E. Greenwich.* ſpell	7 17	5	3 30	head	10 41	10
of pleaſant Weather	7 16	5	4 15	16	11 40	11
for the Seaſon.	7 15	5	5 0	29	Morn	12
Some	7 14	5	5 52	neck	0 42	13
Conver. St. *Paul.* ✱ ♄ ♂	7 13	5	6 45	26	1 46	14
turbulent, cold, and	7 12	5	7 38	arms	2 52	15
it may be ſnowy	7 11	5	8 31	25	3 58	16
Weather.	7 9	5	9 24	breaſt	4 59	17
cold. Very high tides.	7 8	5	10 17	24	6 0	18
● Per. K. *Charles* I. beh.	7 7	5	11 10	heart	☾ riſe	19
Vc. ♄ ☿ Vc. ♄ ♃ (1648.	7 6	5	12 2	24	6 51	20

" The savage and the humane Breast
Torments alike with raging Fires.
With bright, but oft destructive, Gloom
Alike o'er all his Lightning fly,
Thy lambent Glories only beam
Around the Fav'rites of the Sky. Th

Last Quart. 6 Day 10 Morn. | First Quart. 22 Day 10 M
New Moon 14 Day 1 Aftern.

M.W.Courts, Alp.Tid.Weath &c. r.☉s. F.Sea. D'spl.r ☽s.

1	6	Snow		7	5	5	12	54	belly	7 5
2	7	Candlemas.ff. ☉ ☌ ♂ ☉ ♄		7	4	5	1	47	23	9
3	F	△ ☉ ♂ or ♂ ☌ ☿		7	3	5	2	40	reins	10 1
4	2	Rain.		7	2	5	3	34	22	11 1
5	3	cold.		7	1	5	4	27	secrets	Morn
6	4	7h's sets 1. 50. Expect		7	0	5	5	20	19	0 2
7	5	Vc. ☌ ♂ southerly ♂ ☉ ☿		6	59	6	6	5	thighs	1 3
8	6	Winds & [perhaps thund]		6	58	6	6	50	14	2 2
9	7	Vc. ♂ ♀ a warm Rain.		6	56	6	7	34	27	3 1
10	F	Shrove Sunday. △ ♂ ☿		6	55	6	8	18	knees	4
11	2	YardL. sets 1 39. windy		6	54	6	9	2	21	4 4
12	3	Inf.C *Northamp.* weather.		6	53	6	9	46	legs	5 2
13	4	some ● Ap		6	50	6	10	30	14	5 5
14	5	raw cold ☽ ♄ ☿		6	48	6	11	14	25	☽ set
15	6	and windy, if		6	47	6	11	59	feet	6 2
16	7	not falling Weather,		6	46	6	12	44	19	7 2
17	F	then		6	45	6	1	30	head	8 2
18	2	Inf.C *So.Kingst.* clear		6	44	6	2	16	13	9 1
19	3	Sup.C.*Boston* & *Fairfield*		6	42	6	3	2	26	10 2
20	4	and pleasant		6	40	6	3	48	neck	11 2
21	5	P.N.12 26. for theSeason,		6	39	6	4	34	22	Morn
22	6	but cold. 7h's sets 12.44		6	38	6	5	20	arms	0 3
23	7	♄ 12 ♌	☌ 18 ♒	6	37	6	6	13	19	1 3
24	F	♂ 20 ♊	☿ 22 ♒	6	36	6	7	6	breast	2 4
25	2	☿ 12 ♏	☉ 7 ♓	6	35	6	8	0	18	3 3
26	3	S.C.*N.Haven.* I.C.*Pittsf.*		6	34	6	8	54	heart	4 2
27	4	cold Weather.		6	32	6	9	48	18	5 1
28	5	High tides. ● Per.		6	30	6	10	42	belly	5 5

CHRISTOPHER SEIDER, first Martyr to American Lib
Massacred by an infamous Informer, 22d Day, 17

Thy gentle Flows of guiltleſs Joys,
Fools and Villians ne'er deſcend;
vain for thee the Tyrant ſighs,
d hugs a Flatt'rer for a Friend.
eſtreſs of the Brave and Juſt,
guide us through Life's darkſome Way! And

Moon 1 D. 2 Morn. | N. Moon 16 D. 5 Morn. First Q 23 D
Q. 8 Day 2 Morn. | 5 Aftern F. M. on 30 Day 11 Morn.

Court., Alp. Tid Weath, &c. ☉ *s.* *F. tea.* ☽ *ſpl. r.* ● *r. O. S.*

Pernaps Snow	6	29	6	11	36	17	☽ riſe	18
Vc. ☉ ♄ or Rain,	6	28	6	12	29	reins	7 48	19
then cold.	6	27	6	1	23	16	8 57	20
Sup C *Newport.*	6	26	6	2	14	ſecrets	10 6	21
S.C *Hartf.* I.C. *Edgart.* *	6	24	6	3	6	14	11 10	22
Whoſoever ſheddeth Man's	6	22	6	3	57	27	Morn.	23
Int C *Portſm. Blood by*	6	20	6	4	48	thighs	0 8	24
Man ſhall his ſſ. ♅ ☿	6	19	6	5	36	23	1 5	25
Blood be ſhed. cold	6	17	6	5	21	knees	1 55	26
P.N. 11 23 windy weath	6	16	6	6	6	17	2 41	27
Yard L. ſets 11.50. warm	6	15	6	6	50	29	3 22	28
I.C. *Charl.* & *Taunt.* ✱ ☉ ♅	6	13	6	7	34	legs	3 58	M
△ ♂ ☿ ● Ap.	6	11	6	8	18	23	4 22	2
windy thawy weather.	6	10	6	9	2	feet	4 52	3
♈'s ſets 11. 34.	6	9	6	9	46	16	5 19	4
cold ſtormy	6	7	6	11	30	29	☽ ſets	5
☽ ♄ ♀ Weather.	6	5	6	12	18	head	7 20	6
Sp-Act repl. 1766. S.C *Prov*	6	4	6	1	6	23	8 21	7
Sup. C. *Windham.*	6	3	6	1	54	neck	9 22	8
warm	6	1	6	2	42	18	10 23	9
□ ☉ ♂ windy	6	0	6	3	30	arms	11 26	10
Weather. Vc. ♄ ☿	5	59	7	4	18	15	Morn.	11
Good weather.	5	57	7	5	6	breaſt	0 33	12
Palm-Sunday. After ſome	5	56	7	5	57	13	1 32	13
Lady Day. pleaſant Weath	5	55	7	6	48	27	2 23	14
S.C *Norw.* I.C. *Ipſw. Nant.*	5	53	7	7	40	heart	3 8	15
(& *Worc.* for March, ● Per.	5	52	7	8	32	27	3 53	16
High tides, expect a cold	5	50	7	9	24	belly	4 36	17
Good Friday. N.E. Storm	5	48	7	10	16	26	5 11	18
of Snow or Rain. △ ☉ ♄	5	46	7	11	8	reins	☾ riſe	19
Eaſter Sunday. ſſ. ♅ ☿	5	44	7	11	59	24	7 48	20

horrid infernal Maſſacre moſt inhumanly and barba-
ſly committed by the Britiſh Troops, on the Inhabitants
BOSTON, 5th Day, 1770.

" And let the Tortures of Diſtruſt,
On ſelfiſh Boſoms only prey.—
Nor ſhall thine Ardours ceaſe to glow,
When Souls to bliſsful Climes remove:
What rais'd our Virtue here below,
Shall aid our Happineſs above."

Laſt Quart. 6 Day 5 Aftern. | Firſt Quart 22 Day 2 M
New Moon 14 Day 9 Aftern. | Full Moon 28 Day 10 A.f

M. W. Courts, Alp Trd. Weath. &c | *r.* ☉ *s* | *Flea* | ☽ *pl r.* ● *s*

1	2	Sup. C. *So. Kingſt* ✱ ♅ ♆	5	43	7	12	50	ſecrets	9
2	3	Inf. C. *Barn. N. Hav.* windy	5	42	7	1	41	22	10
3	4	and ſhowery.	5	40	7	2	32	thighs	11
4	5	Fine	5	39	7	3	23	18	11
5	6	pleaſant P. N. 9. 49.	5	38	7	4	14	knees	Mor
6	7	growing weather	5	37	7	5	5	14	0
7	F	for ſome	5	36	7	5	50	25	1
8	2	Sup. C *Briſtol* Days.	5	34	7	6	34	legs	1
9	3	Su. C *Charleſt.* Inf. C *Plym.*	5	33	7	7	18	19	2
10	4	● Ap. (□ ♂ ♆ *York & Hartf*	5	31	7	8	2	feet	2
11	5	*So quick the Pangs of*	5	30	7	8	46	13	3
12	6	(*Miſery return, we joy by*	5	28	7	9	30	25	3
13	7	(*Minutes, and by Years*	5	27	7	10	14	head	4
14	F	cold. (*we mourn.*	5	26	7	10	58	20	D
15	2	Vc. ♄ ☿ cloudy weather.	5	24	7	11	47	neck	7
16	3	I. C. *Boſt. Falm. & Fairfield.*	5	23	7	12	36	15	8
17	4	□ ♅ ♆ Heat (□ ☉ ♅	5	22	7	1	26	28	9
18	5	with thunder ♂ ☉ ♆	5	20	7	2	16	arms	10
19	6	ſhowers, and △ ♂ ☿	5	19	7	3	6	26	11
20	7	much wind, then	5	17	7	3	56	breaſt	Mo
21	F	pleaſant P. N 8 50.	5	16	7	4	46	24	0
22	2	7*'s ſets 9. 20.	5	15	7	5	36	heart	1
23	3	S. C. *Worc.* I. C. *Litchfi.* ● Per	5	13	7	6	29	22½	1
24	4	△ ♄ ♆ dry cold N. E.	5	12	7	7	22	belly	2
25	5	♄ 10♌ winds. ♅ 27♍	5	11	7	8	15	21	3
26	6	♂ 19♎ ☿ 23♓	5	10	7	9	8	reins	3
27	7	Battle of Culloden. ♆ 13♉	5	9	7	10	1	20	4
28	F	Yard L. ſets 9 0. ✱ ♂ ♆	5	7	7	10	54	ſecrets	(
29	2	Sup. C. *E. Greenw.* Rain.	5	6	7	11	42	17	7
30	3	S. C *Norlha* □ ☉ ♄ ✱ ♅ ☿	5	4	7	12	30	thighs	9

SO weak's our Judgment, and so short's our Sight,
We cannot level our own Wishes right:
And if sometimes we make a wise Advance,
Our selves we little owe, but much to Chance.
So that when Providence for secret Ends,
Sorroding Cares, or sharp Affliction sends, We

Quart. 6 Day 2 Aftern.	First Quart. 21 Day 6 Morn.
Moon 14 Day 10 Morn.	Full Moon 28 Day 9 Morn

Courts, Ap Tid. Weath &c	*r.* ☉*s*	*F. sea.*	☽*'spl.r*	☉*s*	*O S*
G.Elect.Newp. Expect	5 3 7	1 17	thighs	9 53	20
△ ♃ ☿ Rain about	5 2 7	2 4	24	10 36	21
these Days.	5 1 7	2 51	knees	11 27	22
variable Weather.	5 0 7	3 38	22	Morn	23
Rogation. more ✶ ♀ ☿	4 58 8	4 25	legs	0 14	24
St. JOHN Evan showers.	4 57 8	5 12	15	0 40	25
● Ap. Inf. C. *Taunt.*	4 56 8	5 58	27	1 10	26
pleasant Weather.	4 55 8	6 44	feet	1 46	27
G.Elect. *Hartford* Ascension	4 54 8	7 30	21	2 10	28
Raw ✶ ♄ ☿	4 53 8	8 16	head	2 40	29
cold Winds.	4 52 8	9 2	16	3 8	30
☽ ♃ ♂ windy. △ ♄ ♀	4 51 8	9 48	29	3 34	*M*
Dry Weather.	4 49 8	10 34	neck	4 3	2
	4 48 8	11 20	25	☽ sets	3
Sup. C. *Barnst.* Hardwick	4 47 8	12 12	arms	8 20	4
expect (Fair.	4 45 8	1 4	22	9 14	5
warm dry weather.	4 45 8	1 56	breast	10 13	6
△ ☉ ♃ No very high	4 44 8	2 49	20	11 11	7
WHITSUNDAY. Tides	4 43 8	3 42	heart	11 54	8
● Per. this Month.	4 42 8	4 35	19	Morn.	9
S.C. *Plym* I C. *Camb. Sprinf.*	4 41 8	5 28	belly	0 36	10
Vigin Spike sets 9. 17.	4 40 8	6 19	18	1 14	11
Perhaps (✶ ♀ ☿	4 39 8	7 10	reins	1 49	12
fair (thunder.	4 38 8	8 1	16	2 21	13
Weather.	4 38 8	8 52	secrets	2 53	14
Trinity Sunday. □ ♃ ♀	4 37 8	9 42	14	3 35	15
Inf. C. *Newport.* ✶ ☉ ♂	4 36 8	10 32	26	4 10	16
some thunder,	4 35 8	11 22	thighs	☾ rise	17
Gen. Elect. BOSTON.	4 34 8	12 8	21	8 45	18
and but	4 33 8	12 54	knees	9 20	19
little Rain.	4 33 8	1 40	16	10 1	20

We muſt conclude it beſt it ſhould be ſo,
And not deſponding, or impatient grow.
For he that will his Confidence remove
From boundleſs Wiſdom, and eternal Love,
To place it on himſelf or humane Aid,
Will meet thoſe Woes he labours to evade.

Laſt Quart. 5 Day 6 Morn. | Firſt Quart. 19 Day No
New Moon 12 Day 8 Aftern | Full Moon 26 Day 8 Aft

M.W.Courts. Aſp.Tid.Weath &c. r.⊙s. F.ſea ☽'s pl r ● (

1	7		Signs ♌ ☍ ♍	4	32	8	2	26	27	10 3
2	F		of Rain. ● Ap	4	31	8	3	12	legs	11 1
3	2	Art.Elect.Boſton.	✱ ⊙ ♄	4	31	8	3	58	23	11 4
4	3	Inf.C. *Pownalborough.*		4	30	8	4	43	feet	Morn
5	4	K.GEORGE 3d born 1738		4	30	8	5	28	18	0 1
6	5		fair warm Weather.	4	29	8	6	15	head	0 3
7	6	Spica. ſtats 1. 34.		4	29	8	7	2	11	1
8	7		About theſe Days	4	28	8	7	49	24	1 2
9	F	♂ ♄ ☌	□ ♄ ♀ □ ♂ ♀	4	28	8	8	36	neck	1 5
10	2		expect wind, rain and	4	27	8	9	24	20	2 3
11	3	Inf.C. *N.Lond.Taunt.Worc.*		4	27	8	10	12	arms	3 1
12	4	7**'s** riſe 2. 48.	thunder	4	26	8	11	0	17	☽ ſets
13	5		No very ſt. ♀ ☿	4	26	8	11	53	breaſt	7 5
14	6		high Tides	4	26	8	12	46	16	8 5
15	7		this Month.	4	26	8	1	39	heart	9 4
16	F	P. N. 4. 8.	● Per	4	26	8	2	33	15	10 2
17	2	Inf.C. *Providence.*	Vc. ⊙ ♃	4	26	8	3	27	29	11
18	3	Sup.C. *Ipſwich.*	A	4	26	8	4	21	belly	11 4
19	4		ſerene and △ ♃ ♀	4	26	8	5	16	28	Morn
20	5		wholeſome Air.	4	26	8	6	6	reins	0 1
21	6	Longſt.day 15h 8m.	⊙ in ♋	4	26	8	6	55	26	0 4
22	7		A great *They*	4	26	8	7	44	ſecrets	1 2
23	F		want *that*	4	26	8	8	33	23	1 5
24	2		of Rain. *attempt*	4	26	8	9	22	thighs	2 3
25	3	S.C. *York* I.C. *Barnſt.*	*Wind*	4	26	8	10	11	18	3 2
26	4		*great things, oftentimes*	4	26	8	11	0	knees	☾ ri
27	5		*bring little to paſs.*	4	27	8	11	44	13	7 5
28	6	7**'s** riſe 1. 40.		4	27	8	12	27	25	8 3
29	7	St. *Peter.*	ſt. ☉ ♀	4	27	8	1	11	legs	9
30	F	● Ap. Maſſach. vote not		4	27	8	1	54	18	9 3

(to reſcind, 1768.

t in the keeneſt Agonies of Grief,
ntent's a Cordial that ſtill gives Relief.
av'n is not always angry when he ſtrikes,
t moſt chaſtiſes thoſe whom moſt he likes.
d if with humble Spirits we complain,
lieves the Anguiſh or rewards the Pain. Pomfret.

Quart. 5 Day 1 Morn.	First Quart. 18 Day 7 Aftern.
Moon 12 Day 4 Morn.	Full Moon 26 Day 11 Morn.

Courts, Aſſ. Tid. Weath. &c. r. ☉ 2. F. ſea. D 'ſpl. r. ● 1. Q S.

Inf C *Briſtol.* ♌ 15 ♍	4	27	8	2	38	feet	9	58	20
Sup. C. *Falm.* Inf. C. *Plym.*	4	28	8	3	21	12	10	29	21
Dry weather	4	28	8	4	5	23	10	56	22
continues.	4	28	8	4	49	head	11	20	23
Signs	4	29	8	5	38	19	11	54	24
☌ ♄ ☿ of Vc. ♃ ☿	4	29	8	6	28	neck	Morn.		25
Rain.	4	30	8	7	18	14	0	32	26
raw cold. ☍ ☉ ♄	4	30	8	8	8	28	1	12	27
Inf C *Boſton, Salem, & York.*	4	31	8	8	58	arms	1	57	28
7**'s riſe 12. 58.	4	31	8	9	49	26	2	54	29
Hot	4	32	8	10	40	breaſt	3	53	30
Vc. ♃ ☿ weather.	4	32	8	11	32	25	D ſets		*Ju*
perhaps ● Per.	4	33	8	12	27	heart	8	10	2
☌ ♂ ☿ ☌ ☉ ♃	4	34	8	1	22	24	8	49	3
Inf. C. *Eaſt Greenwich.*	4	34	8	2	17	belly	9	28	4
thunder Showers in	4	35	8	3	12	23	10	1	5
Commene. *Cambridge.*	4	36	8	4	7	reins	10	37	6
ſome places.	4	37	8	5	2	22	11	12	7
P. N. 2. 52.	4	37	8	5	49	ſecrets	11	57	8
Yard L. riſes 3.36.	4	38	8	6	36	19	Morn		9
more ☍ ♄ ☿	4	39	8	7	23	thighs	0	29	10
thunder and	4	40	8	8	10	15	1	15	11
Rain. ☌ ♃ ☿	4	41	8	8	57	28	2	7	12
7**'s riſe Midnight.	4	42	8	9	45	knees	3	6	13
Dog-Days beg. St. *James.*	4	43	8	10	32	22	4	4	14
St. *Ann.* Hot	4	44	8	11	18	legs	☾ riſ.		15
and dry.	4	45	8	12	2	15	7	3½	16
● Ap. ☌ ♂ ☿	4	46	8	12	46	27	8	0	17
Thunder	4	47	8	1	30	feet	8	30	18
Showers	4	48	8	2	14	20	8	55	19
perhaps.	4	49	8	2	58	head	9	16	20

FAmine and Death, confin'd to certain Parts,
Extended are, by barrenneſs of Hearts;
Some pine for want where others ſurfeit now,
But then ſhould we the Uſe of Plenty know;
LOVE would betwixt the Rich and Needy ſtand,
And ſpread Heaven's Bounty with an equal Hand.— L

Laſt Quart 3 Day 3 Aftern. | Firſt Quart. 17 Day 4 Mo
New Moon 10 Day 11 Morn. | Full Moon 25 Day 6 Mo

M. W. Courts, Alp Tid Weath. &c. r. ☉ *r. F. ſea* ☽ *'ſpl r.* ● *..C*

15		LAMMAS. Heat ♂ ☉ ☿	4	50	8	3	42	14	9	47
26		ſſ. ♄ ♀ and Thunder,	4	51	8	4	26	27	10	23
37		☌ ♃ ♀ fair	4	52	8	5	10	neck	10	54
4	F	Weather.	4	53	8	6	2	23	11	36
5	2	much Wind, ſſ ♂ ☿	4	54	8	6	54	arms	Morn	
63		ſome ♂ ♄ ☿	4	55	8	7	46	20	☌	30
74		thunder, △ ♃ ♂	4	56	8	8	39	breaſt	1	32
85		and little Rain.	4	57	8	9	32	18	2	40
96		ſſ. ♄ ♂	4	58	8	10	25	heart	3	58
107		Very high Tides.	5	0	7	11	18	18	☽	ſets
11	F	●Per. Expect Vc ☉ ♃	5	1	7	12	11	belly	7	24
12	2	I C. *S. Kingſt.* Pr. Wales bo	5	2	7	1	5	18	8	9
13	3	Sup. C. *Portſ. Litchfi* (1762	5	3	7	1	58	reins	8	43
14	4	Stamp-Act firſt oppos'd	5	5	7	2	52	17	9	7
155		a great (1765.	5	6	7	3	45	ſecrets	9	42
166		Storm of Rain which	5	7	7	4	39	15	10	23
177		Yard L. riſes 1. 45.	5	8	7	5	32	29	11	10
18	F	(refreſhes P. N. 12 56	5	9	7	6	17	thighs	11	58
192		(the dry and thirſty	5	10	7	7	2	24	Morn.	
203		Sup. C. *Fairfield.*	5	12	7	7	47	knees	0	51
214		ſſ ☉ ♂ (Earth	5	13	7	8	32	20	1	54
225		more △ ♃ ☿	5	14	7	9	16	legs	2	56
236		wind and rain.	5	16	7	10	0	13	3	59
247		St. *Bartholomew.*	5	17	7	10	44	25	5	0
25	F	●Ap. good Vc ♃ ♀	5	19	7	11	28	feet	☾	riſe
262		Weather. ſſ. ♄ ☿	5	21	7	12	13	18	7	3
273		Sup C. *Boſton, New-haven,*	5	23	7	12	58	29	7	31
284		cold (Inf. C. *Springfi*	5	24	7	1	44	head	7	56
295		and ♂ ♄ ♀	5	26	7	2	30	24	8	28
306		Syrius riſes 3. 0.	5	27	7	3	16	neck	9	12
317		☾ cloudy Weather.	5	28	7	4	2	18	9	26

ws would be uſeleſs which rude Nature awe
ove, changing Nature, would prevent the Law.
gers and Lyons into Dens we thruſt,
t milder Creatures with their Freedom truſt.
ch Wonders can this mighty Love perform,
ultures to Doves, Wolves into Lambs tranſform.

Quart. 2 Day 3 Morn	Firſt Quart. 15 Day 3 Aftern.
Moon 8 Day 7 Aftern.	Full Moon 23 Day 7 Aftern.

Courts, Aſp Tid Weath &c. ☉ *ſ. Fleet* ☽ *ſp. r.* ● *ſ.* O S.

	♎ 12 ♏	5 30	7	4 48	arms	11 17		21
Sup. C. *Newport.*		5 31	7	5 34	15	11 1		22
Dog Days end. S.C. *Hartf*		5 33	7	6 28	28	Morn.		23
(Inf. C. *Worc Conc. Gr. Bar.*		5 34	7	7 23	breaſt	0 17		24
I.C. *Portſm.* ♂ ♂ ☿ wind		5 36	7	8 18	27	1 25		25
and thunder.		5 37	7	9 12	heart	2 42		26
Very high Tides.		5 38	7	10 7	27	4 0		27
● Per. Nat. Vir. *Mary.*		5 40	7	11 2	belly	☽ ſets		28
Hot weather.		5 41	7	11 55	26	6 34		29
Inf. C. *Taunton.*		5 43	7	12 48	reins	7 8		30
Com. *N. Haven.* (△ ☉ ♃		5 44	7	1 41	26	7 45		31
pleaſant		5 45	7	2 34	ſecrets	8 23		S
Y.L. riſes 12. 4. weather		5 46	7	3 26	24	9 6		2
□ ♃ ☿ wind		5 47	7	4 18	thighs	9 55		3
7 ☿'s riſe 8. 35. and		5 49	7	5 10	21	10 51		4
Sup. C. *Providence.* rain.		5 50	7	5 54	knees	11 52		5
Sup. C. *Worceſt. Windham.*		5 52	7	6 38	16	Morn.		6
ſſ. ♂ ♀ pleaſant		5 53	7	7 22	28	0 55		7
weather, △ ♃ ♀		5 55	7	8 6	legs	1 57		8
ſſ. ☉ ♄ but □ ♃ ♂		5 56	7	8 50	22	2 59		9
windy.		5 57	7	9 34	feet	4 1		10
K GEORGE III. cr. ● Ap		5 58	7	10 18	15	5 0		11
☉ in ♎ (1761.		5 59	7	11 2	27	☾ riſe		12
ſ C. *Springfi. & N. Lond.* I. C.		6 0	6	11 49	head	6 14		13
{ *Barnſt Newbpo.*		6 1	6	12 36	21	6 44		14
ſſ ♄ ♀ { *Pownal & Litchfi*		6 4	6	1 23	neck	7 10		15
windy, (ſſ ♀ ☿		6 5	6	2 10	15	7 48		16
but pleaſant.		6 6	6	2 57	29	8 33		17
St. *Michael.* ♂ ♂ ☿		6 7	6	3 44	arms	9 20		18
St. *Jerom.* P. N 10 20.		6 9	6	4 31	24	10 18		19

As Saul's afflicted Spirit from the sound
Of David's Harp, a present Solace found;
So on this Theme while we our Muse engage,
No Wounds are felt of Fortune, or of Age:
On divine Love to meditate is Peace,
And makes all Cares of meaner Things to cease.

Last Quart. 1 Day 11 Morn.
New Moon 8 Day 3 Morn
First Quart. 15 Day 8 Mor
Full Moon 23 Day Noo
Last Quart. 30 Day 9 After

M.W Courts. Ap. Tid Weath &c. ☿ ☉ *r.* ♀ *r.* ♂ *r.* ♃ *r.* ♄ *r.* ☽ *r.* ☽ *s.*

1	3	Inf.C *Peston, Plym. Nant.*	6	10	6	5	18	breaſt	11	28	
2	4	cold ☌ ☽ ☍	6	11	6	6	11	23	Morn		
3	5	uncomfortable	6	13	6	7	4	heart	0	49	
4	6	✶ ♄ ♂ Weather,	6	14	6	7	57	22	1	44	
5	7	and rain or	6	16	6	8	51	belly	3	0	
6	F	☽ Per. Snow. □ ♅ ☿	6	17	6	9	45	20	4	15	
7	2	Sup. C. *Kingſ.* high tides	6	19	6	10	39	reins	5	28	
8	3	Sup C. *Taunt* Inf.C. *Biddef*	6	20	6	11	34	20	☽ ſet		
9	4	♂ ☉ ☿ ſtrong ſoutherly	6	22	6	12	24	ſecrets	6	23	
10	5	Gen C. *New. Haven* wind	6	23	6	1	14	17	7	2	
11	6	□ ☉ ♅ and warm, if not	6	24	6	2	4	highs	7	48	
12	7	Syrnus riſes 12.23. thunder,	6	26	6	2	54	16	8	43	
13	F	followed by a ſerene	6	28	6	3	44	29	9	44	
14	2	S.C. *Briſt* and P.N 9 28,	6	29	6	4	34	knees	10	44	
15	3	Inf.C *Falm.* wholſome	6	30	6	5	24	24	11	48	
16	4	Air, but ſomething	6	32	6	6	8	legs	Morn		
17	5	♂'s riſe 6. 28.	6	34	6	6	52	19	0	51	
18	6	St. *Luke.* cool.	6	35	6	7	36	feet	1	51	
19	7	Lard L. riſes 9. 48.	6	37	6	8	20	12	2	50	
20	F	☽ Ap. Expect a	6	39	6	9	4	24	3	49	
21	2	Sup C. *E Greenw.* ✶ ♄ ☿	6	40	6	9	48	head	4	48	
22	3	cold Storm of (✶ ☉ ♄	6	41	6	10	32	18	5	47	
23	4	♂ ☉ ☿ ☿ Occidental	6	42	6	11	15	neck	☾ ri		
24	5	Snow or Rain, then clear	6	43	6	12	4	12	5	51	
25	6	K. Geo. I. d. 1760.	6	44	6	12	53	25	0	37	
26	7	and	6	45	6	1	42	arms	7	21	
27	F	pleaſant.	6	47	6	2	31	21	8	16	
28	2	St. *Simon & Jude,*	6	48	6	3	20	breaſt	9	10	
29	3	S.C *Camb.* Inf. C. *Tiſbury*	6	49	6	4	9	18	10	24	
30	4	Gen. Elect. *So. Kingſton*	6	50	6	4	58	heart	11	37	
31	5	□ ♅ ☿ More foul Weather	6	51	6	5	51	16	Morn		

THis Iron Age is fraudulent and bold,
Touch'd with this Love, would be an Age of Gold;
But as they feign'd, that Oaks should Honey drop,
Or Land neglected, bear an unsown Crop:
Love would make all Things easy, safe and cheap,
One for himself would either sow or reap:
Our ready Help and mutual Love would yield
A nobler Harvest, than the richest Field.

New Moon 6 Day 2 Aftern. | Full Moon 22 Day 4 Morn.
Laſt Quart. 14 Day 3 Morn. | Laſt Quart. 29 Day 5 Morn.

Courts, Aſp. Tid. Weath. &c.	*r.* ☉ *s.*	*F. ſea.*	*D'ſp'r* ☽ *s.*	*O S*
All Saints. ♏ 8 ☌	6 54 6	6 45	belly	0 47 21
☉ Per. pleaſant	6 55 6	7 38	15	1 57 22
High tides. but	6 56 6	8 32	reins	3 12 23
♃'s riſe 12. 53 cold.	6 58 6	9 25	14	4 23 24
Sup. C. *Salem.* Inf. C. *Hartf*	6 59 6	10 19	29	5 30 25
(POWDER PLOT.	7 0 5	11 12	ſecrets	☽ ſets 26
cold Winds. ✱ ♄ ☿	7 1 5	12 ☍	27	5 40 27
Syrius riſes 10 42.	7 2 5	12 48	thighs	6 29 28
more moderate. P.N. 7 48.	7 4 5	1 36	24	☾ 26 29
✱ ♅ ♂ weſterly winds &	7 5 5	2 24	knees	8 29 30
St *Martin.* ✱ ♅ ♀ pleaſant	7 6 5	3 12	20	9 32 31
Inf. C. *Northampt & Newhav.*	7 7 5	4 0	legs	10 34 *No*
☌ ♂ ♀ Snow or	7 9 5	4 47	14	11 35 2
Rain, or	7 10 5	5 34	26	Morn 3
both. ✱ ☉ ♅	7 11 5	6 19	feet	0 36 4
☍ Ap. Yard L. riſes 8. o	7 12 5	7 3	20	1 34 5
□ ♅ ♀ cold cloudy	7 13 5	7 48	head	2 32 6
Inf. C. *Newport.* weather.	7 14 5	8 32	14	3 30 7
Inf. C *Fairfield.*	7 15 5	9 27	27	4 28 8
much	7 16 5	10 12	neck	5 27 9
✱ ♅ ☿ foul □ ♄ ♂	7 17 5	10 57	21½	6 20 10
Weather at □ ☉ ♄	7 18 5	11 32	arms	☾ riſe 11
this Time. Unlucky	7 19 5	12 2	17½	6 8 12
(Accidents, and damage	7 20 5	1 14	breaſt	7 8 13
□ ♄ ☿ done ☌ ☉ ♂	7 21 5	2 6	14½	8 8 14
Int. C *Charleſt. & Norwich.*	7 22 5	2 57	29	9 26 15
(by Fire perhaps.	7 23 5	3 48	heart	10 30 16
☌ ♂ ☿ warm ſoutherly	7 24 5	4 39	28	11 41 17
☌ ☉ ☿ Winds, ☍ Per.	7 25 5	5 30	belly	Morn 18
St *Andrew.* and Rain.	7 25 5	6 21	26	0 53 19

HE that in Fight diminiſhes Mankind,
Does no Addition to his Statue find;
But he that does a noble Nature ſhow,
Obliging others, ſtill does higher grow;
For Virtue practis'd ſuch an Habit gives,
That among Men he like an Angel lives. *Wal'er.*

New Moon 6 Day 4 Morn.	Full Moon 21 Day 8 Aft
Laſt Quart. 14 Day 1 Morn	Laſt Quart 28 Day 1 Aft

M.W Courts. Aſp. Tid Weath &c.	☉ *s*	*Fleet N' pl.r.*	☽ *s*	☽
1 F Advent Sunday. ♌ 6m	7 26 5	7 13	reins	2 4
2 2 clear and cold.	7 27 5	8 5	24	3 11
3 3 Inf.C. *Barnſtable. Worceſt.*	7 27 5	8 57	ſecrets	4 20
4 4 7☉'s ſou. 10. 46.	7 28 5	9 49	22	5 26
5 5 I.C. *Portſmouth.* Some very	7 29 5	10 41	thighs	6 8
6 6 cold, but wholſome	7 29 5	11 32	19	☽ ſets
7 7 Weather about ☌ ♅ ♀	7 30 5	12 18	knees	5 58
8 F P. N. 5. 44. theſe	7 31 5	1 4	14	7 0
9 2 Days.	7 31 5	1 50	27	8 3
10 3 Inf.C. *Plym & Windh.*	7 32 5	2 36	legs	9 4
11 4 Expect △ ♄ ♀	7 32 5	3 22	21	10 9
12 5 a ſevere Storm	7 32 5	4 7	feet	11 6
13 6 ● Ap. of ☌ ♅ ☿	7 32 5	4 53	16	Morn
14 7 Snow or Rain, △ ♄ ☿	7 33 5	5 38	28	0 6
15 F Yard L. riſes 6 h. with	7 33 5	6 24	head	1 1
16 2 Inf.C. *Providence.* ſtrong	7 33 5	7 10	22	2 0
17 3 I.C *Taun* Winds, followed by	7 33 5	7 56	neck	2 59
18 4 keen froſty Nights, and	7 33 5	8 42	17	3 59
19 5 Syrius riſes 7. 46. winter	7 34 5	9 28	arms	4 59
20 6 like Days.	7 34 5	10 14	13	5 58
21 7 St. *Thomas.*	7 34 5	11 0	26	☾ riſes
22 F ☌☉ ♅ ſhorteſt day 8h. 52. m	7 34 5	11 53	breaſt	5 46
23 2 △☉ ♄ more Snow	7 34 5	12 46	24	6 53
24 3 or Rain perhaps.	7 34 5	1 40	heart	8 8
25 4 CHRISTMAS. Vc. ♄ ♅	7 34 5	2 34	24	9 24
26 5 ● Per. St. *Stephen.*	7 34 5	3 28	belly	10 28
27 6 St. *John.* much	7 33 5	4 21	22	11 38
28 7 Innocents. wind, ♂ ♀ ☿	7 33 5	5 14	reins	Morn
29 F and Snow or Rain. *Time*	7 33 5	6 4	21	0 44
30 2 *brings all Things to an*	7 33 5	6 54	ſecrets	1 53
31 3 Inf.C. *Salem.* *end.*	7 33 5	7 44	18	3 0

All humane Things are ſubject to decay,
And when Death ſummons, Monarchs muſt obey.

Of the Eclipses for the Year 1771.

THERE will be four Eclipſes this Year, two of the SUN, and two of the MOON, in the following Order, viz.

I. The firſt will be of the Moon on Sunday April 28th.

	H.	M.	
Beginning,	8	25	P. M. Apparent Time.
Middle,	9	21	
End,	10	18	

It will be a ſmall Eclipſe on the Northerly Side.

II. The ſecond will be of the Sun, on Tueſday the 3d Day of May, at 10 o'Clock in the Morning, inviſible.

III. The third will be of the Moon, on the 23d Day of October, at Noon; a great Eclipſe, but below the Horizon, *ergo* inviſible.

IV. The fourth and laſt will be of the Sun, on Wedneſday the ſixth Day of November, viſible.

	H.	M.	
Beginning,	1	8	P. M. Equal Time.
Middle,	2	28	
End,	3	35	
Duration,	2	27	

The Sun will be about two thirds Eclipſed on the South-eaſterly Side.

e neceſſary Rules to be obſerved with Regard to Health, chiefly from Dr. CHYNE.

THE Air we breathe is of great Conſequence to our Health. Thoſe who have been long abroad in erly Winds, ſhould drink ſome thin and warm Liquor go- o Bed; or a Draught of Toaſt and Water.—Tender Peo- hould have thoſe who lie with them, or are much about , ſound, ſweet and healthy.—Every one that would pre- Health, ſhould be as clean and as ſweet as poſſible in their ſes, Cloaths, and Furniture.—Secondly, The great Rule ting and drinking is, to ſuit the Quality and Quantity of ood to the Strength of our Digeſtion; to take always a Sort and ſuch a Meaſure of Food as ſits light and eaſy e Stomach.—All pickled or ſmoaked or ſalted Food, and igh-ſeaſoned is unwholſome—Nothing conduces more to th, than Abſtinence and plain Food with due Labour.— r is the wholſomeſt of all Drinks; quickens the Appetite trengthens Digeſtion moſt—Strong, and more eſpecially uous Liquors, are a certain though ſlow Poiſon.—Coffee Tea are extreamly hurtful to Perſons who have weak es.—Thirdly, Tender Perſons ſhould eat very light Sup-

pers; and that two or three Hours before going to Bed. They ought constantly to go to Bed at Nine or Ten, and at Four or Five.—Fourthly, A due Degree of Exercise is indispensibly necessary to Health and long Life.—Walking the best Exercise for those who are able to bear it. Riding those who are not. The open Air, when the Weather is contributes much to the Benefit of Exercise.—We may strengthen the weak Part of the Body by constant Exercise. The Lungs may be strengthened by loud speaking, or walking up an easy Assent: The Digestion and the Nerves by Riding. The Arms or Hams by strongly rubbing them daily.—Studious ought to have stated Times for Exercise, at least two or three Hours in a Day: The one half of this before Dinner, the other before going to Bed.—They should frequently shift and frequently wash their Teeth—those who read or write much should learn to do it standing; otherwise it will impair their Health.—The fewer Cloaths any one uses, by Day or Night, the hardier he will be.—Use Exercise always on an empty Stomach, continue it not to Weariness, and after take Care to cool by Degrees, lest we should catch Cold. The Flesh-Brush is a most useful Exercise, especially to strengthen any Part that is weak.—Cold bathing is of great Advantage to Health. It prevents Abundance of Diseases. It promotes Perspiration, helps the Circulation of the Blood, and prevents the Danger of catching Cold. Tender People should pour Water upon the Head before they go in, and wash swiftly. To jump in with the Head foremost, is too great a Shock to Nature.—Filthly, Costiveness cannot long consist with Health.—Therefore Care should be taken to remove it at the Beginning: And when it is removed, to prevent its Return, by soft, cool, and opening Diet.—Obstructed Perspiration (vulgarly called catching Cold) is one great Source of Diseases. Whenever there appears the least Sign of this, let it be removed by gentle Sweats.—Sixthly, The Passions have a greater Influence on Health than most People are aware of. All violent and sudden Passions dispose to, and actually throw People into acute Diseases.—The slow and lasting Passions such as Grief and hopeless Love, bring on chronical Diseases. 'Till the Passion which caused the Disease is calm'd, Medicine is applied in vain.—The Love of GOD, as it is the sovereign Remedy of all Miseries, so in particular it effectually prevents all bodily Disorders the Passions introduce, by keeping the Passions themselves within due Bounds. And by the unspeakable Joy and perfect Calm, Serenity and Tranquility it gives the Mind, it becomes the most powerful of all Means of Health and long Life.

ISTANCES of the principal Towns on the ontinent from BOSTON, with the moſt noted ouſes of Entertainment on the ROADS.

o PLYMOUTH & CAPE COD. AVERNS.	TOWNS.	*Miles.*
nt,	Roxbury	4
berſon,	Dorcheſter	2
dcock or Voſe,	Milton	1
ackett,	Braintree	3
hitmarſh,	Weymouth	7
ſhing,	Hingham	3
obs,	Hanover	4
ll,	Pembroke	6
udon,	Duxbury	3
wſter or Little,	Kingſton	5
wland, Bart- t and Foſter,	Plymouth	4
rniſh,	Ditto	7
is,	Ditto	5
wcomb Feſſenden,	Sandw.	7
ipman,	Barnſtable	7
w or Crocker,	Ditto	4
are,	Yarmouth	4
acher,	Harwich	9
rick,	Eaſtham	7
ggins,	Ditto	5
ith,	Wellfleet	5
llins,	Truro	5
ery,	Ditto	5
coiſon or onant,	Province-Town	8

per Poſt Road to HARTFORD and NEW-HAVEN		
tmarſh,	Watertown	9
wer,	Waltham	1
ſhing,	Ditto	1
dwin or Smith,	Weſton	4
vant,	Sudbury	4
w,	Ditto	6
w,	Marlboro'	2
lliams,	Ditto	4
rtyn,	Northboro'	5
Coſhing,	Shrewſbury	5
Furnaſs,	Ditto	1
Curtis,	Worceſter	2
Woodburn, Brown,	Ditto	3
Sterns,	Ditto	1
Jones,	Ditto	3
Serjeant,	Lieceſter	2
Bond,	Ditto	1
Whittemore,	Spencer	4
Wolcot,	Brookfield	5
Rice,	Ditto	3
Cutler,	Weſtern	6
Scott, or Graves,	Palmer	10
Colton,	Wilbraham	4
Parſons,	Springfield Plains	4
Bliſs,	Springfield	5
Colton,	Long Meadow	4
Kibby,	Enfield	5
Elſworth	Windſor	7
Biſſel,	Ditto	1
Porter,	Ditto	3
Benjamin,	Eaſt Hartford	4
Bull or Butler,	Hartford	2
Kilburn or Stilman,	Weatherſfield	3
Shayler,	Middletown	11
Auſtin,	Durham	6
Doolittle or Cook,	Wallingſford	8
Manſfield,	North Haven	5
Kilby or Beers,	New Haven	8

Middle Road to HARTFORD,		
Ames,	Dedham	11
Ellis,	Ditto	3
Clarke,	Medfield	6
White,	Medway	5
Clarke,	Ditto	2
Hill,	Holliſton	3
Amadon,	Mendon	7

Keith,	Ditto	1
Wood,	Uxbridge	6
Hill,	Douglass	4
Parker,	Killingly	3
Jacobs,	Thompson	5
Convers,	Ditto	5
Grosvenor,	Pomfret	6
Sessions,	Ditto	4
Holmes,	Ashford	4
Utley,	Ditto	2
Clarke,	Ditto	3
Fay,	Ditto	3
Waterman,	Mansfield	4
Kimball,	Coventry	8
Pitkin,	East Hartford	7
Benjamin,	Ditto	10
Bull or Butler,	Hartford	2
Kilburn,	Weathersfield	3
Beckley,	Great Swamp	7
Hindsdale,	Kensington	3
Robinson,	Meriden	6
Johnson,	Wallingsford	7
Mansfield,	North Haven	5
Kilby or Beers,	New Haven	8

Lower Road to NEW-LONDON and NEW-HAVEN.

Ames or Gay,	Dedham	11
Dean,	Ditto	2
Robbins,	Walpole	7
Harris,	Ditto	2
Mann,	Wrentham	6
Maxcey,	Attleboro'	5
Stearns,	Ditto	4
Olney,	Providence	9
Carew,	Ditto	1
Randall,	Patuxet	5
Pierce,	Greenwich	10
Gardner,	N. Kingston	11
J. Case, Esq;	Tower-Hill	4
Hawkins,	S. Kingston	4
Chaplain,	Charlestown	10
Bleavin,	Westerly	6
Thomson,	Ditto	2
Russell,	Stonington	
Jeffries,	Groton-ferry	
Deshon or Palmes,	New London	
Prentiss,	Ditto	
Waterman,	Rope-Ferry	
Miller,	Line	
Merrills	Ditto	
Whittlesey,	Say brook Ferry	
Shipman,	Say brook	
Leigh,	Ditto	
Merril,	Killingsworth	
Ward or Stone,	Guildford	
Baldwin,	Brandford	
Kilby or Beers,	New Haven	

Road to NEW-YORK.

Kilby or Bears,	New Hav.	16
Laws or Mallet,	Milford	
Bryant,	Ditto	
Benjamin or Olcot,	Stratford	
Taylor,	Fairfield	
Kechum,	Norwalk	
Quintard,	Ditto	
Youngs,	Stamford	
Fitch,	Ditto	
Marvell,	Rye	
Sutton,	Marrineck	
Bailey,	New Roche	
Butler,	East Chester	
Stout,	New York	

Road to NEW-PORT and TOWERHILL.

Stearns,	Attleboro'	
Dagget,	Rehoboth	
Hunt,	Ditto	
Lord or Turner,	Bristol	
Price,	Ferryhouse	
Turner,	Portsmouth	
Nichols,	Newport	
Ferry and Conanicut Island		
Martin,	Narragansett Ferry	
J. Case, Esq;	Towerhill	

Upper Road to PORTSMOUTH.		
Jones,	Medford	5
Fowle or Wyman,	Woburn	5
Wyman,	Wilmington	3
Gowen,	Ditto	4
Abbot,	Andover	6
Bragg,	Ditto	3
Chandler,	Bradford	6
Moore,	Haverhill	1
Merriman,	Plaſtow	3
High,	Ditto	1
Lowell or Abbot,	Kingſton-plains	8
Folſom or Gilman,	Exeter	6
Chace,	Stratham	4
Whiggin,	Ditto	3
Folſom or Clarke,	Greenland	3
Foſs, Stoodly, or Staver,	Portſmouth	5

Road to NO. FOUR, CROWN POINT and QUEBEC.		
Winſlow,	Peterſham	72
Morton,	Athol	6
Evans,	Warwick	9
Grout,	Weſtcheſter	11
Wyman,	Keen	14
Butterfield,	Weſtnorland	11
Phelps,	Walpole	9
Walker or Haſtings,	No. Four or Charleſton	10
Crown-Point,		78
St. John's,		120
Montreal,		21
Quebec.		170

Road to No. FOUR, over Charleſtown-Ferry.		
Winſhip,	Cambridge	7
Buckman,	Lexington	3
Haywood,	Concord	9
White,	Acton	5
Gilbert,	Littleton	5
Pierce,	Groton	8
Saxwell,	Shirley	4
Hutchins,	Lunenburgh	5
Cowdin,	Fitchburg	4
Foſter,	Aſhburnham	8
Stimſon,	Winchendon	4
Darling,	Ditto	6
Deed,	Monadinock	8
Tiffany,	Swanzey	4
Hammond,	Ditto	5
Wyman,	Keene	6
Bellows,	Walpole	14
Phelps,	Ditto	3
Haſtings,	Charleſton	11

Road to ALBANY & CROWN-POINT.		
Biſs,	Springfield	93
Over the River to	Ely's	2
Clap,	Weſtfield	7
Shepherd,	Ditto	3
Peaſe,	Blandford	6
Rowley,	Ditto	6
Whipple,	Greenwood	4
Chadwick,	Tyringham	7
Davis,	Ditto	3
Court-houſe,	G. Barrington	5
Lovejoy,	Ditto	10
Rays,	Ditto	3
——	Stonehouſe	4
Vanals,	Ditto	2
Quakenbuſhe,	Kenderhook	8
Pitch,	Ditto	12
Albany-Ferry,		8
Half moon,		11
Still-water,		13
Saratoga,		12
Lake-George,		28
Ticonderoga,		46
Crown-point.		15

Another Road to ALBANY.		
Wolcott,	Brookfield	62
Rice,	Ditto	3
Cutler,	Ditto	3
Downing,	Ware	6

Rogers,	Ditto,	2
How,	Belcher-town	5
Dwight,	Ditto	3
Graves,	Ditto	4
Smith,	Amherſt	4
Kellog,	Hadley	4
Lyman,	Northampton	2
Tupper	Cheſterfield	14
Miller,	Sandinfield	7
Marks,	Ditto	6
Gutridge,	Pittsfield	9
Hubbard,	Ditto	4
———	Albany ferry	25

Road to Taunton and Swanzey.

Kent,	Roxbury	4
Robinſon,	Dorcheſter	2
Badcock or Voſe,	Milton	1
Bent,	Ditto	3
Doty,	Stoughton	2
May,	Ditto	3
Noyes,	Ditto	4
Hayward,	Eaſton	8
Godfrey,	Horton	2
M'Whorter,	Taunton	8
Whitmarſh,	Dighton	6
Freebrain,	Swanzey	4

Road to Rhode-Island by Taunton.

M'Whorter,	Taunton	37
Frink,	Berkeley	4
Strange,	Freetown	5
Brightman,	Fall River	10
Howland's-Ferry		5
Nicholſon,	Newport	12

Road to Norwich and New-London.

Sterns,	Attleboro'	37
Olney,	Providence	9
Fiſke,	Johnſon	8
Angel,	Scituate	4
Cook,	Ditto	6
Knox,	Coventry	4
Smith,	Volentown	4
Eaton,	Plainfield	4
Burnham,	Newent	8
Leffingwell,	Norwich	7
Houghton,	Ditto	7
Coit,	New-London	7

Road to Norwich & New London by Worcester.

Stearns,	Worceſter.	48
Cutler,	Oxford	11
Bellows,	Ditto	1
Carter,	Dudley	6
Green,	Woodſtock	8
Groſvenor,	Pomfret	4
Abbot,	Mortlake or Brooklin	7
Cleveland,	Canterbury	4
Backus,	Ditto	3
Burnham,	Newent	5
Leffingwell, Peck, or Lathrop,	Norwich	7
Houghton,	Half-Way Houſe	7
Coit,	New-London	7

Road to Deerfield.

Brewer,	Waltham	10
Park,	Lincoln	6
Gates,	Stow	9
Newhall,	Bolton	8
Richardſon,	Ditto	1
Lock,	Lancaſter	3
Geary,	Ditto	7
Holden,	Weſtminſter	6
Church,	Templeton	9
Baker,	Ditto	5
Winſlow,	Peterſham	3
Cooke,	New-Salem	9
Montague,	Sunderland	9
Root,	Montague	4
Hoit,	Deerfield	5

Another Road to DEERFIELD.		
Furnaſs,	Shrewſbury	42
Child,	Holden	5
Davis,	Ditto	4
Parker,	Rutland	5
Craige,	Oakham	6
Stone,	Rutland Diſt.	4
Winſlow,	Peterſham	6
Cooke,	New-Salem	9
Crooker,	Shuteſbury	5
Warner,	Amherſt	5
Hubbard,	Sunderland	5
Billings,	Ditto	3
French,	Deerfield	1
Hoit,	Ditto	6

Road to the EASTSWARD over CHARLESTOWN Ferry.		
Jones,	Medford	5
Porter,	Malden	2
Martin,	Lynn	4
Jones,	Danvers	5
Symonds,	Ditto	1
Goodhue, or Adams,	Salem	2
Waters,	Beverly	1
Porter,	Wenham	6
Treadwell or Smith,	Ipſwich	6
Payſon,	Rowley	3
Pierce,	Newbury old Town	7
Davenport, or Choate,	Newbury-port	1
Knowlton,	Sailſbury	5
Davidſon or Sanborn,	Hampton Falls	3
Lovet,	Hampton	2
Lovet,	North-Hill	3
Pickering or Clark,	Greenland	4
Stavers, Foſs or Stoodley,	Portſmouth	5
Woodbridge,	Old York	9
Clark,	Ditto	4
Wing,	Wells	6
Littlefield,	Ditto	3
Jefferds,	Ditto	4
Kimball,	Kennebunk	5
Paterſon,	Arundell	2
Ladd or Allen	Saco	6
Milliken,	Scarborough	7
Marſh,	Ditto	4
Skillings,	Falmouth	3
Toms,	Ditto	3
Bucknam,	New Caſco	7
Loring,	N. Yarmouth	6
Mitchell,	Ditto	2
* Coffin,	Ditto Woods	6
Roſs,	Brunſwick	10
Thomſon,	Ditto	4
Springer,	George Town	8
† Harden-ferry,	Woolwich	1
Read,	Ditto	4
Lovejoy,	Pownalboro'	6
Goodwin,	Court-houſe	2
Smith,	Cobeſeconte	8
Fort-Weſtern,		6
Fort-Halliſax		18
Norridge-Walk,		27
Great-Carrying Place		30
Quebec		

* A ſhorter Road from North Yarmouth, to POWNALBORO'.		
Coffin,	North Yarmouth	142
Stone,	Brunſwick-Falls	10
Wilſon,	Ferry	1
Read,	Topſham	6
By Water to Lovejoy's,		10

† Road to BROAD BAY, &c. From George-Town to		
Woolwich,	Farnham	3
Pownalborough,	Whittier	7
Sheepſcut-Falls,	Avary	5
Ditto,	Cunningham	1
Broad-Bay,	Leiſſnar	4
St. Georges,	M'Intyre	7
Old Fort,	Briggs	4
Penobſcott,	Fort Pownal	46

An Exact Table to bring Old Tenor into Lawful Money

Old Ten.			Lawf. Mon			O.T.	Lawf. Mon			O.T.	Lawf. Mon		
£.	s.	d	£.	s.	d.	£	£.	s	d	£	£.	s.	d.
0	0	7½	is 0	0	1	25	is 3	6	8	65	is 8	13	4
0	1	3	0	0	2	26	3	9	4	66	8	16	0
0	2	6	0	0	4	27	3	12	0	67	8	18	8
0	3	9	0	0	6	28	3	14	8	68	9	1	4
0	5	0	0	0	8	29	3	17	4	69	9	4	0
0	6	3	0	0	10	30	4	0	0	70	9	6	8
0	7	6	0	1	0	31	4	2	8	71	9	9	4
0	8	9	0	1	2	32	4	5	4	72	9	12	0
0	10	0	0	1	4	33	4	8	0	73	9	14	8
0	11	3	0	1	6	34	4	10	8	74	9	17	4
0	12	6	0	1	8	35	4	13	4	75	10	0	0
0	13	9	0	1	10	36	4	16	0	76	10	2	8
0	15	0	0	2	0	37	4	18	8	77	10	5	4
0	16	3	0	2	2	38	5	1	4	78	10	8	0
0	17	6	0	2	4	39	5	4	0	79	10	10	8
0	18	9	0	2	6	40	5	6	8	80	10	13	4
1	—		0	2	8	41	5	9	4	81	10	16	0
2	—		0	5	4	42	5	12	0	82	10	18	8
3	—		0	8	0	43	5	14	8	83	11	1	4
4	—		0	10	8	44	5	17	4	84	11	4	0
5	—		0	13	4	45	6	0	0	85	11	6	8
6	—		0	16	0	46	6	2	8	86	11	9	4
7	—		0	18	8	47	6	5	4	87	11	12	0
8	—		1	1	4	48	6	8	0	88	11	14	8
9	—		1	4	0	49	6	10	8	89	11	17	4
10	—		1	6	8	50	6	13	4	90	12	0	0
11	—		1	9	3	51	6	16	0	91	12	2	8
12	—		1	12	0	52	6	18	8	92	12	5	4
13	—		1	14	8	53	7	1	4	93	12	8	0
14	—		1	17	4	54	7	4	0	94	12	10	8
15	—		2	0	0	55	7	6	8	95	12	13	4
16	—		2	2	8	56	7	9	4	96	12	16	0
17	—		2	5	4	57	7	12	0	97	12	18	8
18	—		2	8	0	58	7	14	8	98	13	1	4
19	—		2	10	8	59	7	17	4	99	13	4	0
20	—		2	13	4	60	8	0	0	100	13	6	8
21	—		2	16	0	61	8	2	8	200	26	13	4
22	—		2	18	8	62	8	5	4	400	53	6	8
23	—		3	1	4	63	8	8	0	800	106	13	4
24	—		3	4	0	64	8	10	8	1000	133	6	8